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学位論文題名 The Contribution of Occupation to the Well-being of Individuals

with Advanced Cancer in Indonesia

インドネシアにおける進行がん患者のウェルビーイングに対する作

業の貢献

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【論文の内容の要旨】

Introduction: Individuals with advanced cancer are increasingly surviving and need to enhance their well-being. Participation in occupations is an integral part of the concept of well-being. This research aimed to investigate the meaning of occupation and how it contributes to the well-being of individuals with advanced cancer in Indonesia.

Methods: Phenomenological design with semi-structured interviews. Twelve eligible individuals with advanced cancer consented to participate. Reflexive thematic analysis was employed for data analysis.

Results: Four themes emerged: (1) preserving life, focused on how the respondents perceived, enjoyed, accepted, and cared for their current life situation. (2) Relieving mental burdens, discussed how individuals found benefit in engaging in activities that allowed them to work through their troubling thoughts. (3) Sharing benefits in social settings, emphasized the importance of living in social groups and the positive impact it has on both the individuals and their environment. (4) Feeling spiritually reinforced, explained how advanced cancer and its treatment positively impact spiritual well-being by giving patients strength in their beliefs beyond just medical treatment.

Conclusion: These meanings depicted a holistic perspective with the integration of physical existence, emotional needs, social welfare, and spiritual life. Hence,

occupations fulfilling the bio-psycho-socio-spiritual meanings were identified as occupations that improve the well-being of individuals with advanced cancer in Indonesia.